

Information



Welcome to Shortland Health

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner.

This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on modern, convenient and continuous care.

Services include:

- + Regular Checkups
- + Women's Health
- + Family Planning
- + Minor Surgery
- + Repeat Prescriptions
- + Referrals
- + Men's Health
- + Sexual Health
- + Pregnancy Care
- + Travel Medicine
- + Immunisations
- + Specialists

Doctors

Dr. Kirsten Palmer, Dr. Tanja Minic

Nurses

Monique Pearce (Nurse Practitioner), Kylie Norrie

Administration

Heather Douglas

Fees

Registered Patients

0 — 13 Years	\$0.00
14 — 17 Years	\$48.00
18 — 64 Years	\$68.00
65+ Years	\$60.00

Phone Consultation	\$25.00
Nurse Consultation	\$30.00
Video Consultation	\$68.00

Casual Patients

0 — 13 Years	\$0.00
14 — 17 Years	\$70.00
18+ Years	\$95.00

CSC Holders

0 — 13 Years	\$0.00
14 — 17 Years	\$13.00
18+ Years	\$19.00

All prices include GST.

After Hours Care

Triage nurses are available after hours. If you need assistance during this time, please call **(09) 281 0332**.

Our triage nurses will be able to provide advice or direct you to any other services you may need.

Enrolment

Enrolling is free and voluntary. If you choose not to enrol you can still receive health care services from your chosen GP, general practice or primary health care services provider.

Advantages of enrolling are that your visits to the doctor will be cheaper and you will have direct access to a range of services linked to the PHO.



You can access your test results via our online patient portal or by calling the practice on (09) 281 0332. Please ask reception staff for patient portal instructions should you require these.

Appointments

Please ring **(09) 281 0332** to book an appointment. You can also do this online via our patient portal — ManageMyHealth (accessible from www.shortlandhealth.co.nz).

Every effort will be made to accommodate your preferred time. However, emergencies will always be given priority. Our reception staff will attempt to contact you if there are any unforeseen delays or if your GP has been called away.

Extend consultations are available.

Payments

Fees are payable at the time of consultation.

We accept cash, eftpos, cheque, visa, mastercard and online payments. Paywave is also available.

Fees for enrolled and registered patients are subsidised by the Government for various age groups and services costs are listed at the practice. If you have any queries, please contact reception. They are always happy to help.

Repeat Prescriptions

We are happy to issue repeat prescriptions. However, we ask that you give us as much advance notice as possible — 48 hours' warning being the minimum.

Repeat prescriptions do incur a charge (\$28) and the doctor may need to see you prior to issuing for clinical and/or legal reasons — especially if you are not seeing your regular GP.

Please ask our reception staff for more information.

Patient Portal

ManageMyHealth is a secure online tool that lets patients manage their health in a modern and convenient manner. Registering is free and simple. Sign up at your next appointment or call us on **(09) 281 0332**. Our reception staff can guide you through the process, and verify your identity, with ease.

Test Results

To access your test results online:

- 1) Visit managemyhealth.co.nz.
- 2) Login using your user credentials — email and password.
- 3) Select 'View Lab Results' and you'll see all relevant entries.

Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

General Information:

Shortland Health
Level 4, 51 Shortland Street
Auckland 1010
New Zealand

Our medical practice is located on level four. Please take the escalator (or elevator) found at ground level to reach us.

We are located next to the Shortland Street Kiosk (cafe).

Please dial 111 in emergencies.

Monday to Thursday — 7AM to 6PM
Friday — 7AM to 5:30PM
Weekends — closed

Phone: (09) 281 0332
Fax: (09) 282 8125
Email: reception@shortlandhealth.co.nz

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